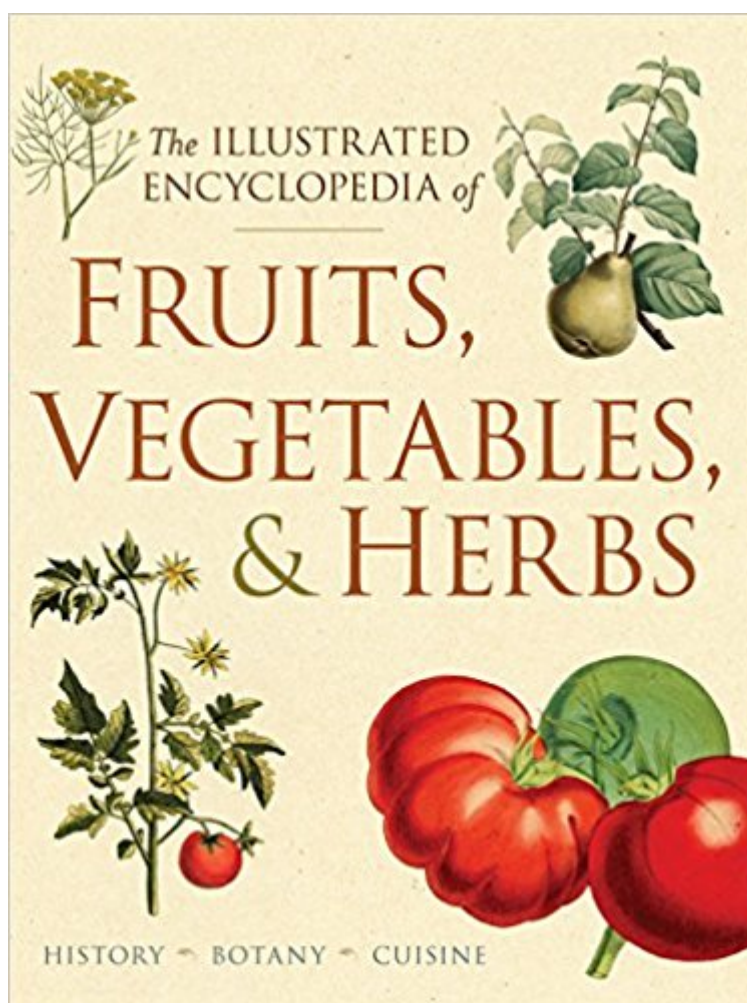




The book was found

The Illustrated Encyclopedia Of Fruits, Vegetables, And Herbs: History, Botany, Cuisine



Synopsis

From roots and shoots, almonds to zucchini, field and forest to the family table-this delectable guide reveals the intriguing stories of the world's favorite food plants. The Illustrated Encyclopedia of Fruits, Vegetables, and Herbs covers every edible plant you can imagine. It invites us on a gorgeously illustrated tour through the world garden to discover the origins, traditions, and contemporary culture of more than 450 fruits, vegetables, nuts, grains, herbs, and spices. It's the explorative home cook's best friend in the kitchen, an edible guide for the vegans, vegetarians, and omnivores alike. Splashed with hundreds of appetizing images and written by top culinary and horticultural experts, it also tells individual stories in an extensive directory of species which lists geographical origins, botanical facts, traditional uses, and culinary tips for hundreds of plants. Throughout the lively narrative, The Illustrated Encyclopedia of Fruits, Vegetables, and Herbs tempts us with layers of information: The little-known geopolitical role of food plants-how agriculture caused cities to blossom, and how the taste for spices drove global exploration and conquest. Our endeavors towards a 'green future,' viewed in light of the need to feed the world's burgeoning population. Legends and lore of natural remedies, with an update on a plant whose medicinal claims have been made for centuries. The lineage of regional classics such as Italian tomatoes, Irish potatoes, Hawaiian pineapples, and Hungarian paprika; all are 'exports' from the lands that made them famous. Kitchen tidbits galore-how to prepare tasty Asian greens, where to store berries, what type of peppercorn to choose for various dishes, and more. Take this bounty of knowledge... combine with 500 mouthwatering photographs... and savor a scrumptious resource for useful information and fascinating reading.

Book Information

Hardcover: 360 pages

Publisher: Chartwell Books (January 26, 2017)

Language: English

ISBN-10: 0785834885

ISBN-13: 978-0785834885

Product Dimensions: 7.8 x 1.1 x 9.7 inches

Shipping Weight: 6.6 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #511,770 in Books (See Top 100 in Books) #331 in [Books > Crafts,](#)

[Hobbies & Home > Gardening & Landscape Design > Vegetables](#) #359 in [Books > Reference](#)

Customer Reviews

Deborah Madison founding chef of the Greens restaurant in San Francisco, has long been committed to local and sustainable approaches to growing food, and has, through cooking, writing, and teaching helped chefs, home cooks, and young people make that connection for themselves. She is the author of nine cookbooks, including *Local Flavors*, many of which have received prestigious awards from the James Beard Foundation and the International Association of Culinary Professionals, among others. Madison has had an abiding interest in the diversity of edible plants, and the Greens restaurant was among the first restaurant to introduce exotics such as arugula, fingerling potatoes, and golden beets to the dining public in the late 1970s. A board member of the Seed Savers Exchange. Madison gardens and writes at her home in New Mexico.

great book

The half this book my reading did peruseIncreased awe at the world of plants we eat.They've fed us long. Their global use--diffuse.They health sustain with nourishment replete.When dinosaurs declined, nuts first appeared.New mammals ate with fish and grew large brains,Then settled agriculture pioneered.With farming, civilized folk made great gains.Through trade, crops' source and sale grew far apart.From Southeast Asia, citrus reached the WestFive centuries 'fore common era's start.These plants were sought in empires', fortunes' quest.Their lengths through time and travel I sense more--The crops convenient at the groc'ry store.

[Download to continue reading...](#)

The Illustrated Encyclopedia of Fruits, Vegetables, and Herbs: History, Botany, Cuisine How To Dry Herbs At Home: The Ultimate Guide To Drying Herbs (Herb Gardening, Herbs And Spices, Condiment Recipes, Condiment Cookbook, Herbal Recipes, ... Mixing Herbs, Spices, Sauces, Barbecue) Heinerman's Encyclopedia of Fruits, Vegetables, and Herbs How to Grow More Vegetables, Eighth Edition: (and Fruits, Nuts, Berries, Grains, and Other Crops) Than You Ever Thought Possible on Less Land Than You ... (And Fruits, Nuts, Berries, Grains,) The Beginner's Guide to Making and Using Dried Foods: Preserve Fresh Fruits, Vegetables, Herbs, and Meat with a Dehydrator, a Kitchen Oven, or the Sun Hydroponics: The Simple Guide to Hydroponics Gardening For Beginners, Grow Organic Vegetables, Fruits and Herbs to save time and

money!(Hydrofarm, Homesteading, Aquaculture, Aquaponics, Horticulture) Western Garden Book of Edibles: The Complete A-Z Guide to Growing Your Own Vegetables, Herbs, and Fruits The Complete Guide to Growing Vegetables, Flowers, Fruits, and Herbs from Containers: Everything You Need to Know Explained Simply (Back to Basics Growing) McGee & Stuckey's Bountiful Container: Create Container Gardens of Vegetables, Herbs, Fruits, and Edible Flowers Food to Grow: A simple, no-fail guide to growing your own vegetables, fruits and herbs Edible Plants for Prairie Gardens: The Best Fruits, Vegetables and Herbs (Prairie Gardener) Edible Gardening for Washington and Oregon: Vegetables, Herbs, Fruits & Seeds Texas Organic Vegetable Gardening: The Total Guide to Growing Vegetables, Fruits, Herbs, and Other Edible Plants the Natural Way Vertical Gardening for Beginners: How to grow organic food at home without a yard: grow unlimited delicious fruits, vegetables, and herbs in your urban homestead (survival guide for healthy living) HYDROPONICS : Simplified Guide for Growing Vegetables, Fruits and Herbs at Home for Beginners (Beginners Gardening, Organic Gardening,Self-Sufficiency,Farming) Aquaponics: Ultimate Complete Essential, Gardening Guide to Growing Vegetables, Fruits, Herbs and Raising Fish From Beginner to Expert (Hydroponics, Organic Gardening, Self Sufficiency, Homesteading) The Complete Guide to Saving Seeds: 322 Vegetables, Herbs, Fruits, Flowers, Trees, and Shrubs The Beautiful Edible Garden: Design A Stylish Outdoor Space Using Vegetables, Fruits, and Herbs Indoor Edible Garden: Creative Ways to Grow Herbs, Fruits, and Vegetables in Your Home The Harvest Baker: 150 Sweet & Savory Recipes Celebrating the Fresh-Picked Flavors of Fruits, Herbs & Vegetables

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)